

### District 9810



#### What....

'Inspire Rotary' is a fresh way to invigorate and inspire Rotarians. An ability to nurture and create sustainable connections within our clubs, with Rotaract and younger members in our community.

#### How.....

Through using the RYLA model and flipping it on its head we can reinvigorate members, awaken ourselves to new possibilities, understand our strengths/weaknesses and work together as a positive effective team. Which in turn will bring back that initial spark and reason for joining Rotary.

It will assist us to create amazing connections/projects that support our future generations of Rotarians and the community at large.

#### When....

February 4<sup>th</sup> & 5<sup>th</sup> 2023

Venue : Deep Creek Golf Club - Pakenham

Day time sessions with an included dinner in the evening

Just **Imagine** the difference we can make.

"Imagination inspires you to look at everything with fresh eyes, as though you had just come forth from a dark tunnel into the light of day. Imagination becomes for you a magic lamp with which to search the darkness of the unknown, that you may discover new goals or chart more productive paths to old goals."

Wilfred Petersen







INSPIRE ROTARY

## Keynote Workshop Johanna Parker HeartSparks

- + Living and leading with unashamed authenticity
- + Self-love and confidence
- + Challenging negativity, doubt and fear
- + Personal leadership and conscious communication
- + Feeling-based and values-based decision making + goal setting
- + Creating successful, sustainable change
- + Strengthening communities through self



# Understanding Personalities

#### Aimed at assisting Rotarians to

- How different personality types interact
- Understand your own strengths and weaknesses.
- Get an objective and thorough understanding of themselves
- Refine your social skills. ...
- Accept yourself as you are. ...
- Tailor your self-discovery process. ...

ESTJ	ESTP	ESFP	ESFJ
Ambitious	Competitive	People	Romantic
Adventurer	Doer	Entertainer	Adventurer
<b>ISTJ</b> Practical Leader	ISTP Traditional Advisor	ISFP Everyday Artist	Friendly Neighbour
INNTJ Innovative Visionary	Creative Scientist	Artistic Dreamer	INFJ Sage Mentor
<b>ENTJ</b>	ENTP	ENFP	<b>ENFJ</b>
Hardworking	Inventive	Dream	People
Visionary	Innovator	Seeker	Visionary

# Burnout/Self Care

### Importance in Leadership

When you take care of the body and mind you are bound to be more productive.	Leading by example can create positive change in others	
Fosters resilience	Boosts self esteem	
Reduces stress and anxiety	Promotes healthier relationships	





# Leadership as a Tool

- A look at different leadership structures/models
- Using this knowledge as a tool
- Risk management

Aimed at assisting Rotarians to become better leaders. Different leadership models assist them to understand how best to act and become more effective leaders.

Presenter – Lachlan Hall

90 minutes



# Core Values and Decision Making

### Why?

- Values enable us to make human decisions. Decisions that we'll be proud of, or that we will regret.
- Clearly defined group values enable individuals to confidently and autonomously make important decisions that affect the group



# Goal Setting

### Benefits

- Goals create a road map for success.
- Goals give you a starting point and a destination to reach.
- Goals are reached one step at a time.
- Goals help you to see where you are going, what changes you need to make and if you are progressing towards your prize.
- Helps you determine priorities
- Goals give you a definite target for real success



#### Presenter: Sacha Arthur

## **Effective Communication**

### Why?



Communicating clearly and directly is essential, it saves time



Sending the right message can motivate and inspire- this can generate positive change and spark creativity. It can help others understand why they are doing something and why it matters



Demonstrates transparency, improves trust and affects engagement



### How?

- Practice listening skills and choose effectively
- Stay open to feedback and new ideas
- Learn the correct communication channel
- Tailor your message and get to the point
- Lead by example

# Dealing with Feedback and Change

### How to give effective feedback

- Set aside time to think and communicate
- Be transparent
- Listen listening is discovery
- Be open

How to take feedback and dealing with change



# Diversity, Equity, Inclusion

### What and Why?

- Understanding what DEI is and why we need to consider it
- Promote the representation and participation of different groups of individuals, including people of different ages, races and ethnicities, abilities and disabilities, genders, religions, cultures and sexual orientations.

Presenter: Maggie Chapman



# Expo with Rotaract

- An opportunity to look at projects which are more relevant to younger demographic
- Invite conversation and connection with Rotaract
- Look at projects with fresher eyes
- Create opportunities to work together on projects that mean something to younger demographic and more in touch with now



# Social Impact

### What?

- An opportunity to see what other people see as important.
- A link to the thoughts of younger minds and understanding what impacts them
- Connect with communities outside our own

How?

- Consider ways in which we can connect with a younger audience and what matters to them
- Look at ways we can be involved and create a valuable project which incorporates younger people in our community
- Connect through engagement



## Team



Brittany Giles

**RYLA** Executive



Lachlan Hall

Leadership Tools DRR 9820



### Maggie Chapman

Diversity, Equity & Inclusion



### Alice Terrill

District Rotaract Representative 9810

## Team



Amy Zhong

Leader



Sacha Arthur Goal Setting



### Amelia Savage

Leader

The way to get started is to quit talking and begin doing.

Walt Disney